

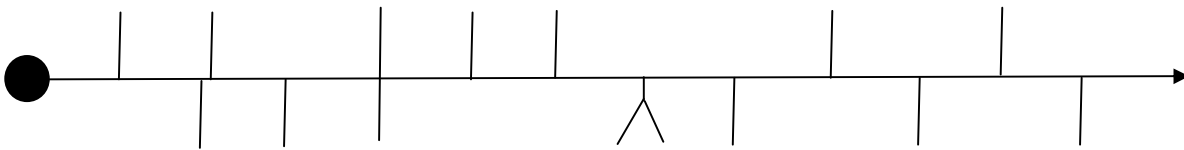
Regularity A (part 1) **This was Pre-plot**

Section Timed to the Second

Regularity Start at RSA 569½ 230 WSW

Coloured Roads Only

(and remember that roads that don't 'go' are not included)



Change to Map 161, (passing 'The Pleck')

You will get the rest of the navigation for this regularity as you leave RS A.

To End of Regularity at SE 424 303¼

Speeds

Start at 30mph, and continue at 30mph until you are on map 161.

To be continued.....

Regularity A (part 2) This was Ready to Go (issued at RSA)

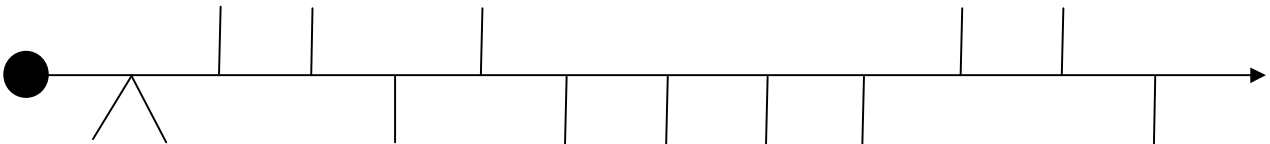
Section Timed to the Second

Regularity Start at RSA 569½ 230 WSW

Coloured Roads Only

(still not counting roads that don't 'go', of course)

Starting from where you joined Map 161.....



To End of Regularity at SE 424 303¼

Speeds

You started at 30mph

Reduce to 25mph as you leave the B4521 (9.09 miles)

Change to 28mph at the T junction in Bagwylydiart

Revert to 25mph at the junction right in Cross Llyde until EOR

Regularity B This was Plot & Bash

Section Timed to the Second

Regularity Start at RSB 424³/₄ 382³/₄ SW

Coloured Roads Only (apart from 50 yards Not As Map at the via Map Ref below)

Proceed via only the following spotheights in order

82 84 236 257 252 324 328(trig pt) 294 267 218sw

Cross the B road in Peterchurch, don't travel along it

Then via **SE 273¹/₄ 337³/₄ WSW**

(disguised slot & three inch step off road through shallow ford)

To End of Regularity at WSW 317¹/₄ 299³/₄

Speeds

Start at 30mph

After 4.3 miles, reduce to 26mph

On entering the 30mph limit at Peterchurch, reduce to 18mph

This 30mph sign was overgrown recently – keep a sharp look out for it

At Spot Height 252, change to 27mph

At Spot Height 218, reduce to 22mph

At ITCB6, change to 24mph until EOR

Regularity C This was Pre-plot

Section Timed to the Second

Regularity Start at RSC 328¼ 295 N

Coloured Roads Only

Depart coloured road junctions in the following compass directions.

No through roads are not included, of course.

E N N NW N NNW NW NE NE ESE ESE S SE

(RC R1)



To End of Regularity at NW 411½ 339½

Speeds

Start at 27mph

At the first junction above, reduce to 23mph

At the eighth junction above, change to 30mph

At the twelfth junction above, reduce to 27mph until EOR

Regularity D This was Pre-plot

Section Timed to the Second

Regularity Start at RSD 392½ 273 SW

Coloured Roads Only

Cross (completely, not just touch) the following gridlines in order

27 39 27 38 27 27 37 36 27 26 25 35 24

34 24 34 25 26 35 27 28 36 37 38 39

29 39 30 31 39 40 41



Long way round the junction leaving B4347 for safety/visibility reasons
(no route check)

To End of Regularity at NW 413½ 311¼

Speeds

Start at 25mph

1 mile after ITCD1, reduce to 23mph

6.5 miles after ITCD1, reduce to 18mph for 1 mile and then revert to 23mph

11.5 miles after RSD, change to 29mph for 1.8 miles and then reduce to 25mph until EOR

Regularity F This was Pre-plot

Section Timed to the Second

Regularity Start at RSF 435 311³/₄ ESE

Coloured Roads Only

Proceed via the following map references in order.

SE 468 322¹/₂ N	
ENE 523¹/₂ 326¹/₄ SSE	
NE 528 296 WSW	
NW 513 271¹/₂ SW	route check R2
ESE 483 264 WNW	Care here! And quiet.
ENE 471¹/₄ 245 SSW	LWRNAM tree route check R3
SW 496 239 SSE	route check R4

To End of Regularity at WSW 531¹/₂ 265¹/₂

Speeds

Start at 30mph.

After 7 miles, reduce to 24mph

After a further 4 miles, reduce to 20mph

Please note that there will not be an ITC between 11 and 16 total miles, so **DO NOT** speed to catch up if you get delayed on this narrow stretch.

After a total of 12.5 miles, change to 22mph

After a total of 16 miles, change to 24mph

After a total of 21.5 miles, change to 26mph

On joining the A466, change to 30mph

On leaving B4521, reduce to 22mph until EOR